



Holy Family Parish

A praying, caring community, centred in Christ

Holy Family Parish is a member of a Family of Parishes, comprising the parishes of St Patrick’s, Holy Family and St Gerard’s.

MASS SCHEDULE

SUNDAYS

Holy Family Church: 6pm Vigil & 10.30am

St Thérèse of Lisieux Church: 9am & 12noon

WEEKDAYS

Holy Family Church: 9.15am Monday, Tuesday & Wednesday

St Thérèse of Lisieux Church: 10.00am Thursday, Friday & Saturday

SACRAMENT OF RECONCILIATION

Holy Family Church: Saturday 5.15pm-5.45pm

St Thérèse of Lisieux Church: Saturday after 10am Mass

BAPTISMS

(Prior booking via Parish Office)

Holy Family Church: Saturdays at 4pm

St Thérèse of Lisieux Church: Sundays at 1pm

DEVOTIONS

Eucharistic Adoration: Daily 10am-10pm (St Thérèse)

Pilgrim Prayer: Tuesday 8pm on the Parish Facebook page

Novena to Our Mother of Perpetual Help: Wed 9:15am Mass

First Saturday: 10am (Holy Family)

Taizé Prayer: last Friday of the month 8-9pm (Holy Family)

SAINTS OF THE WEEK

- Mon 14: The Exaltation of the Holy Cross
- Tue 15: Our Lady of Sorrows
- Wed 16: St Cornelius and St Cyprian, martyrs
- Thu 17: St Robert Bellarmine and St Hildegard of Bingen



“The Cross is the ladder by which we climb to heaven.”
Anonymous

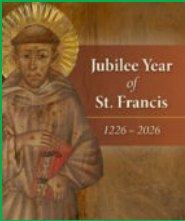
CONTACT INFORMATION

Parish Clergy: Very Rev. Michael Spence PP,
Rev. John O’Lavery CC & Rev. Deacon Brendan Dowd

Parish Telephone (Office hours): 90743119
Office hours: Mon-Thu 9.30am-2.30pm, Fri 9.30am-1.30pm
Address: 226-228 Limestone Road, Belfast BT15 3AP

Emergency Sick Calls only (24hrs): 07928968773
Society of St Vincent de Paul (Helpline): 028 90351561

Email: holyfamily@downandconnor.org
Website & Webcam: www.holy-familyparish.com



24TH SUNDAY IN ORDINARY TIME

13TH SEPTEMBER 2026

Readings: A (II) Psalter: Week IV



Immersion in Living Water
EZEKIEL 47:9, 12

Living Water
Season of Creation 2026

The symbol above for this year’s Season of Creation depicts water flowing from the Temple of God – at first a tiny stream that grows deeper, and deeper and as it does so, it brings life to dead areas and restores fertility to damaged or barren ecosystems. Through living water comes healing; but in order to receive new life, we too must step into the water and also become part of God’s river of life, taking part in the healing of creation.

St Colmcille’s
Laudato Si’ Group
in association with **trócaire**
invite you to join us for

Heroes for Humanity

A series of workshops exploring the principles of Catholic Social Teaching through the lives of four remarkable individuals.

📍 **St Colmcille’s Parish Hall**
191a Upper Newtownards Road,
Belfast, BT4 1JB

🕒 **Beginning at 7.15 pm**

🕒 **Ending with a supper around 8.45 pm**

All are welcome!

Wednesday
9 September 2026
Saint Oscar Romero

Wednesday
16 September 2026
Sister Dorothy Stang

Wednesday
23 September 2026
Dorothy Day

Wednesday
30 September 2026
Martin Luther King Jr

EVENTS

FOOD DRIVE

To mark the Season of Creation, and as we also celebrate the time of harvest, the parish is again organising a food drive, to support our local food banks. NON-PERISHABLE FOODS can be left in both churches, in the gathering space in Holy Family church, and at the sacristy in St Thérèse church, between 19th and 27th September. Your support for this initiative will be greatly appreciated by the many people who rely on food banks.

AN ECONOMY OF ENOUGH in a Time of Crisis and Opportunity. Earth Day Conference report launch on 24th September at 7.30pm, in 22 Lower Windsor Ave. For details, email info@jointhedotstogether.org.

JUBILEE YEAR OF SAINT FRANCIS

Before the San Damiano Cross St. Francis prayed: “Most high, glorious God, enlighten the darkness of my heart. Give me right faith, certain hope, and perfect charity, sense and knowledge, Lord, that I may carry out Your holy and true command.”



HOLY FAMILY PARISH
PRESENTS
AN EVENING OF MUSIC
IN
HOLY FAMILY CHURCH
LIMESTONE ROAD
SUNDAY 4TH OCTOBER 2026
7PM

FEATURING:
NEIL MARTIN
CAVEHILL COMMUNITY CHOIR
& FRIENDS

TICKETS £10
available from the parish office
supporting the work of
Newington Day Centre
Est. 1978

Join us for tea and coffee after. For your comfort bring a cushion.

SUNDAY 4TH OCTOBER AT 7PM, our Parish Community will present an evening of music in Holy Family Church in support of the work of Newington Day Centre. Tickets £10, available now from the parish office, and after weekend Masses, from next weekend. On the night you will have the opportunity to enjoy some of the wonderful talent our parish has to offer including Neil Martin, Cavehill Community Choir, Conor Caldwell, our Schools and other local talent.

PARISH NEWS & EVENTS

WEEKLY OFFERING. The weekly collection on Sunday 6th September came to £2,966.10, plus £1,990 in standing orders, and the monthly collection, for the support of the priests, was ££2,794.02, plus £635 in standing orders. Online donations in August amounted to £375. Thank you for your continued generosity and support. For information on standing order and contactless methods of donation, please contact the parish office.

PARISH 100 CLUB. Week 18 winners: Charles O’Kelly, Joanne Laverty, Mary Rose McAleer & Philomena Donaldson (Promoter). Congratulations to all the winners.

WEEKDAYS MONDAY 14TH, TUESDAY 15TH & WEDNESDAY 16TH SEPTEMBER:

There will be a Gathering for the Priests of Down & Connor in Dromantine for these days. As a result, there will be **No 9.15am** Mass on these mornings. However, Deacon Brendan will be leading a Eucharistic Adoration Prayer Service and Benediction at 9.15am on each morning. The normal Mass schedule will resume on Thursday 17th September. Apologies for the inconvenience.

PIONEER ASSOCIATION IN DOWN & CONNOR. Meeting on 27th September at 3pm in Holy Family Gathering Space. Open to all Pioneers, working towards a fresh start, new energy, and renewed commitment, within our Diocese.

SONAS SUPPORT. Learning Disability Day Centre, based in the Houben Centre, at Holy Cross church. Contact 90133636 or info@sonassupport.co.uk. www.sonassupport.co.uk.

PADRE PIO MASS AND BLESSING WITH RELIC. 23rd September at 7pm, in St Vincent de Paul church, Ligoniel. Collection to support the parish of St Vincent de Paul.

THE CATHOLIC CHAPLAINCY AT QUEEN’S. Sunday Mass resumes in 28 Elmwood Ave. on 20th September, at the new earlier time of 7pm. Visit qubcatholic.org.

BEGINNING EXPERIENCE. A peer ministry to the bereaved, separated and divorced, based within the Family Ministry of the Diocese of Down and Connor. Support programme in St Bride’s Hall, Derryvolgie Ave. on 26th September, 24th October & 21st November. Booking essential. T: Marie 07896119669 or email belfastbe@yahoo.com.

BELFAST JESUIT CENTRE. *A Year of Ignatian Prayer.* Starts 26th September; Suggested donation: £200–£280. Bursaries available. Registration required. *The Chosen – Season 2.* Weekly screenings on Fridays at 10.45am. And job vacancy for *Pastoral Ministry Co-Ordinator*. For all, visit belfastjesuitcentre.co.uk.

NORTH BELFAST DEMENTIA CARERS SUPPORT GROUP. Meets 15th Sept. in Chichester Library at 1.15pm. Activity– Nutrition tips & info. E: niamh@reachoutni.org.

CRAOBH NAOMH PÁDRAIG IRISH/GAEILGE CLASSES, ALL LEVELS. From 16th September at 7 pm in Arás Mhic Reachtain (opposite the Waterworks). Cost per term for adults is £30. Teenagers - no cost. Term will last for 12 weeks.



REST IN PEACE

Recently Deceased: Jordan Flannery, Matilda Logan, Felicitas Kerr
Month’s Mind: Bertha Tracey
Anniversaries: Christy Matthews, John Blackham, Paul O’Neill, Bob Monahan, Vincent O’Toole, Vera Duffy, Sheila O’Brien, Kathleen McCrudden, Geraldine Hart, Molly Martin, Victor Gormley (1st), Josephine Kerr (1st), Anna & Frank Greene, Joe McCann, Mark Varini, Mary, James, Larry & John Hart, Patrick White, Joseph Catney, Rosaleen Deignan

Eternal rest grant unto them, O Lord!

For more information and resources:
www.holy-familyparish.com

MASS INTENTIONS

- Sat 12 (6pm):

Sun 13 (9am):

Sun 13 (10.30am):

Sun 13 (12 Noon):

Mon 14:

Tue 15:

Wed 16:

Thu 17:

Fri 18:

Sat 19 (10am):
- Molly Martin

For the People of the Parish

Victor Gormley (1st)

Josephine Kerr (1st)

No Mass

No Mass

No Mass

Anna & Frank Greene

Joe McCann

Alfie Dowd

